**NEW HOPE OPENS NEW GPD PROGRAM TO SERVE VETERANS**

New Hope is now providing substance abuse residential treatment for veterans, thanks to a GPD grant of $432,160 to serve approximately 50 veterans over the course of a year in 25 treatment beds. “We are very excited about this program”, said Executive Director Stephen Alva-réz, although the agency has always served veterans this is the first time that we received a Veterans Administration National GDP Program grant. The proposal for this grant was submitted by a grant writer paid with a donation from The Protestant Foundation of Ocean Reef; we are very grateful to them.

**SPONSOR A BED FOR A YEAR**

You have the ability to change five lives for the better with $28,800.

In the last two years, New Hope has lost $685,000 in yearly funds, because the Miami Dade County Homeless Trust stopped providing support for transitional housing with treatment to concentrate on the Housing First Model, which provides housing for homeless individuals regardless of their sobriety status.

The agency has been able to offset part of the lost funding thanks to the new grant from the Veterans Administration, however, we still need additional funding to fully recover. We have a long list of homeless people waiting to start treatment but no sources of funding for them. You can help by sponsoring a bed for a year with a $28,800 donation. This will provide treatment for 5 people.

**MORE THAN 40 FORMER CLIENTS CELEBRATED A YEAR IN RECOVERY WITH US RECENTLY...**

These are just a few of their stories:

- **Andrew Richardson**
  - 10 years homeless; 2 years clean
- **William Massie**
  - 5 years homeless; 1.5 years clean
- **Silvio Rodriguez**
  - 3 years homeless; 2 years clean
- **Kenneth Hall**
  - 2 years clean after using most of his life
- **Larry Reese**
  - 2 years homeless; 2 years clean
- **Felipe Cordovi**
  - 1.5 years homeless; 2 years clean
- **Joseph Revell**
  - “I didn’t want to be kicked out of New Hope, I had no place to go”; 2 years clean
- **Luke Lott**
  - 3.5 years homeless; 2 years clean

It was a miracle that Mr. Stephen appeared when I was praying for help.

I had literally given up and was at the lowest point when I came to New Hope.

These men are all New Hope’s graduates who, in their own words, came to the agency at the lowest point in their lives, when they thought that all was lost. Today they are all celebrating life after passing the one year recovery mark.

Stories begin on page 4.

**SPIRITUAL AWAKENING STORY: Thomas Sheedy**

Arrived at New Hope desperate: “I was searching for my lost life trying to fix what was broken, I was struggling in the flesh. I didn’t love myself at all, I didn’t know what love is until one day I was living in my car and I yelled out loud “Jesus where are you?” then I heard a voice that said “I have never left you”, I responded I know that you have the power to heal, please heal me, I have tried and failed many times, it is up to you now.”

“I heard a voice that told me I must go back in treatment. I took the command and called New Hope. Since then only good things have happened to me: I completed the program, I am in the school, I work at AARP.”

He added that he is 60 and he knows now “that God is love and that he loves Thomas. My life was a constant struggle before and I do not struggle any more, I welcome what life brings me, one day at a time. My peace rest in God and it surpasses all understanding”.

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**The Herald of Hope**

Tel (786) 243-1003
1020 N Krome Avenue
Homestead, FL 33030

**2019**
www.newhopecorp.org
The Leap of Confidence; New Future for New Hope

The team at New Hope has worked tirelessly for the past few years to implement a strategy of strength and longevity. Even in challenging times of state budget changes and shifts in local government planning for the homeless, the Mission of New Hope remains valid and challenging. These dynamic market changes have been met with leadership, strategy and dedication which have resulted in a stronger financial position for New Hope.

This stronger position has created a more confident stability from which to expand services via our dream of having a new 18,000 square foot 120-bed facility; our leap into the future.

With this goal to build a new building and address accelerating community need, New Hope has made significant progress by saving funding from operations that equates to $200,000 of the $3.5 Million capital needed to build this new dream.

The overwhelming needs of the community drive the team to achieve the most out of our limited resources. It’s not just their Mission, but a true passion that results in extraordinary success.

Our “leap of confidence” into the future will ensure that twice the current number of clients can receive compassionate rehabilitation, in a comfortable new environment that sets the standard care for others to emulate.

We are sincerely grateful for those who support New Hope’s mission and ensure our client’s successful re-entry into society and return to their families. We ask that you continue to help us achieve this goal and connect other like-minded people that are interested in making a difference. Proudly serving to make a difference,

Keith Young, Chairman
Five-Year Strategic Plan Priorities

**Strategic Priority 1**
Increase Revenue through funding diversification to provide sufficient resources to support and sustain New Hope CORPS’ programmatic and administrative operations, including 1) Establishing a foundation 2) Recruiting a program development officer and 3) Pursuing federal and private funding opportunities.

**Strategic Priority 2**
Program enhancement and expansion of continuum of services including outpatient service, peer services, permanent/aftercare housing, and other housing and treatment services for special populations.

**Strategic Priority 3**
Develop a FACILITIES business plan to expand bed capacity for New Hope CORPS’ services and begin by pursuing the acquisition of adjacent properties.

**Strategic Priority 4**
BOARD DEVELOPMENT & REJUVENATION to ensure that New Hope CORPS’ Board is comprised of individuals who share a passion for NHC’s mission and effectively dedicate their skills, resources, and community affiliations to help NHC achieve its mission.

**Strategic Priority 5**
Implement Year-Round Marketing and Public Relations activities to raise awareness of New Hope success and outcomes and build support for New Hope CORPS’ programs and services among all of our key audiences, including prospective donors and funders in Miami Dade County; and local, state and national opinion leaders and funders.

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Donors from the Ocean Reef Community Foundation (ORCF) Grants Committee are photographed here with New Hope CORPS’ Board champion Cynthia Lee during a Charity Tour site visit. Also in the picture are members of the agency staff and/or volunteers (from the left in black T-Shirts): Herbert Jackson, Felipe Cordovi, Isabel Cabrera, Maria Santos, Stephen Alvarez, Daniel Alvarez, Patrick Borek, Kenneth Hall, Paul Bennett, Carmen Alvarez, James Dougherty, Lilysbel Rodriguez, Adam Taveras, Lani Ponce, Jeremiah Model and Maritza Carvajal.

**New Hope Mission**
“To assist individuals re-enter society who are struggling with substance use and mental health disorders, utilizing a faith- and evidence-based approach to treatment.”

*Revised during the Annual Strategic Planning Board Retreat*

**Our Dream: New Facility to Help More People**

For many years one of our Board of Directors dreams is to find the means for the construction of a new 120-bed facility. “That new building has been in our wish list for a long time,” said Board President Keith Young, “this year our Board began drafting plans to start moving towards the direction of that dream. Plans for the new place are in the very early stage.

The total cost of the project is estimated to be about $3,500,000. If you or someone you know would like to be part of this effort please call Keith or Stephen Alvarez at 786-243-1003. This is an opportunity to be part of a legacy that will help countless people get a second chance at life.

Rendering of the facility that New Hope would like to build to expand the agency capacity to serve people in need.

**New Hope CORPS Founder Manuel (Manny) Alvarez favorite Verse, Philippians 4:6:**

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your request to God.”

3
Clients who Hit the 1 Year in Recovery Milestone

**THESE ARE THE STORIES OF EIGHT MEN** who all have two things in common: 1) they arrived at New Hope when they were feeling that their lives were “at the end of the rope”, and 2) their lives have drastically improved for the better thanks to the services they received in our residential treatment program. They are living testimonies that recovery is possible when people have access to the right tools.

**Silvio Rodriguez**: “When you see the picture of how I was when I first came, you see a disheveled man in the outside, but I was dying inside, physically, mentally and spiritually. I had a hernia so big that I could hardly walk. I was constipated, weak to the point that I could not walk. I was praying in front of the Court House, saying God please help me I don’t want to die like this. I was in a praying position when I saw Mr. Stephen in front of me, he said ‘do you want help?’ I said yes, he called Banyan Detox and took me there in his car. When we got there he said “this is the man I called you about, after detox I have a bed in New Hope for him.” I was so weak that they had to take me to the shower and I could not hold the soap or hold myself. I can tell you I was dying. I was a heroin junkie. When I arrived to New Hope I told my counselor, Ms. Lily, I cannot take this pain anymore, she said wait here, she talked to Mr. Herbert and they took me to Baptist Hospital. I got there with tears running out of my eyes of the pain. I had surgery for the hernia the next day. They bought me Ensure, New hope has helped me in every possible way that a person can be helped, everybody is nice, I owe my life to New Hope. I give thanks to God every day that he brought me here, I know that I would be dead if it weren’t for New Hope.”

**Luke Lott** describes his state of mind when he arrived to New Hope as “extremely depressed, suicidal and as bad as it could be. Drugs had taken my life from me, I had become homeless and hopeless.” The 32 years old man said that he began using drugs when he was 12 and that he had been homeless for 3.5 years when he came to us.  

*Stories Continue on page 5*

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**NEW HOPE ANNOUNCES A $33,802 STATE ATTORNEY GRANT TO PROVIDE FREE DUI TREATMENT**

New Hope is very grateful to the Miami Foundation. Over the years, we have received several grants that have funded positions, bought an SUV, and provided needed program services for homeless/low income clients. Recently, and for the second year in a row, we have been awarded a State Attorney grant in the amount of $33,802 for our Back On Track (NH-BOT) DUI Treatment Program, which provides abuse treatment for men and women referred from the Miami Dade County Back On Track DUI Diversion Program.

Thanks to last year’s grant, the funded program provided participants with comprehensive outpatient substance abuse treatment that resulted in 85% (43 of 50) of participants having no alcohol or drug use in the 30 days prior to successful completion of the program, as evidenced by consistently clean random urinalysis test results.
Success Story: Jonathan has been clean and sober since June 19, 2017. He celebrates that day as a date that divided his life into a before and after. "When I came to New Hope I was at the end of my rope, not good at all and not knowing what to do. I had used all kinds of drugs since I was 15, I am 30 years old now and things were getting progressively worse. I reached out to my uncle for help. I told him that I was completely out of control, in the street, and doing things that I was not raised to do. He called New Hope and told me to show up there on Monday."

"When Monday came" he continued, "I felt that I had no option, for the first time ever I became open minded to treatment, but I must tell you that treatment was harder than I expected. Thanks God that I resisted. The program is not easy, it is not comfortable but being on drugs isn’t either. New Hope gave me the opportunity to be a man again and for that I will always be grateful." Jonathan said that growing up he always wanted to be a dad but "when I was using I didn’t care about myself, I didn’t care about my family or any other obligation, all I cared about was drugs." He admits that his using was imposing a heavy toll not only on him but mostly on his wife Natalie and their children Nathaniel, Abigail Rose and Zachary. "What I am most grateful for in my recovery" he added, "is that now I can go home and they don’t have to worry about me, I am present. That is a big thing for me and them, big time." In the words of his wife Natalie “My husband’s recovery has been a blessing, our relationship has gone from a communication and constant fighting to understanding each other and coming to mutual agreement. I feel like I have fallen in love with a completely new man. Our love for each other is stronger than ever.”

Success Stories Continuation from Previous Page

Talking about his addiction, Luke explained that he started using drugs with his parents, both of whom were addicts. "I was in middle school and the first thing that happened was that my grades dropped. Then my parents broke up and I became homeless for 3 and a half years."

During those years, he continued, "I would use drugs all day, I wouldn’t eat or sleep. I begged people for money and then used it to buy drugs. I felt horrible, all I could think of was how to get the next high." He added that one day, when all seemed lost to him, somebody introduced him to AA. He began attending meetings and sleeping behind the AA room. In meetings he met a group of New Hope clients and a couple of them helped him get into the residential program, "they completely changed my life. I was probably going to die soon in the street".

Talking about New Hope, Luke said "all the staff worked very hard to help me and give me everything I needed, with their help I was able to recover." Speaking about his future, he has a lot of plans, "I want to go back to school, complete my GED, get some type of education. I am on disability because I am schizophrenic with bipolar depression, but I want to do something good. My life is so much better now that my main priority is to stay clean." New Hope made all the difference in the world for me, he added, "I was on the streets, I had no life at all and now I feel pretty good about my life; that is a big difference".

Felipe Cordovi: When I came to New Hope “I was distraught, I was in anger, desperate, I didn’t know what to do with my life, I have literally given up and I was at the lowest point of my life, homeless, sleeping in my car.” One morning, I ended up in the sidewalk of my sister house, sleeping in my car, I was awakened by a Metro Dade police, they thought that I was going to commit suicide, while they were asking me questions I said to myself “this is it, this is not way to live, I am done.” I took that as a call from god, I called my brother and ask for help; he called New Hope, and talked to Mr. Stephen.

Describing his mental state when he arrived, he added "I was so desperate that I stayed for 8 hours in the lobby waiting for a bed, I was afraid that if I move somebody else would take my bed, that’s how desperate I was. Looking in retrospective, Felipe said that for him "the moment I walked through those doors was the beginning of a new life. I knew that if I didn’t put the work in I was going to be done." Today, he said, 78 months later, I... Continue on page 6
am finally a productive person in society. I have my recovery as my first goal, it comes first with the tools that New Hope has given to me and for that I am grateful and in debt to New Hope for the rest of my life. I am so grateful today for what I have received that I literally give thanks to God every day.

Kenneth Hall was at the point of getting ready to commit suicide when his daughter brought him to New Hope in a last attempt to help. He was drinking daily and smoking about $100 per day in crack. “I was just a total wreck” he said and then added “the only thing I knew to do was drink and get high. I didn’t sleep, I slept about once a week. I only ate about once or twice a week. For 24 years, drink and smoke crack was all I did. I didn’t even feel anything; I didn’t have no more feelings left.”

Talking about how addictive the combination of crack and alcohol are, Kenneth said: “I tried it once and could never stop, after that my life was gone, crack was all I would care about, except for when my daughter would come to visit me for Thanksgiving. I would stop for one week to pretend in front of her that I was ok, until that mask was no longer possible.” Kenneth said that he did not think that recovery was possible and now feels like a brand new man. Life, he says, has given him a second chance.

Andrew Richardson describes his mental state when he arrived at New Hope as follows: “I felt like a disaster, I needed help badly. I think I had a spiritual awakening. I just woke up one morning on the side of a bank where I used to sleep and hide at night. I had to wake up early before the security comes in. I looked up and realized I was tired of living in the streets, being lonely, and drinking all the time and not eating properly. I would eat out of dumpsters. I had been to detox about five times that year. I had just overdosed on heroin and passed out when I was found. Dr. Jason kept me in detox this time for 10 days until there was a bed available at New Hope and, God knows, this was the right place for me.”

Andrew added that in New Hope he learned to take care of himself and that “I have to think about myself before everything else and I have never done that. Now I care how I look. If I wouldn’t have come here I would be dead, because I had a dream when I was in the streets that they had found my body next to Home Depot where I used to hang out.” Reflecting on the present, Andrew said "I feel a heck of a lot better, I feel like a new person, I am going through some health issues, but I have learned to live one day at a time and it feels good. I am convinced God sent me here to save my life."

William Massie: described his recovery journey as follows: “I was a depressed alcoholic, I was at the end of my rope, I had nothing else to do and nothing left, my drinking wasn’t taking me anywhere, I was drinking every day, all day. No family, no friends, the only relationship I had was with the bottle. New hope showed me a different way to live. New Hope put me in contact with positive influences. I have learned a different way to live, learned that if you fall down, you get up, clean yourself off and keep moving. You don’t fall down and stay there as I did before. I really wanted to get sober, I asked God for help and soon thereafter I ended up at New Hope. It was the right place for me, no questions asked, I am not dead, I wake up and I know where I am, I know what I am doing and I am living sober one day at a time and for that I will always be thankful.”

Larry Reese: “I came to New Hope broken, I was hopeless, helpless, I didn’t know what I was going to do. I didn’t know whether to stay or leave New Hope, because I didn’t know what was going on in my mind, then as I stayed around, I began to feel a little clarity and a little better about myself. And two years later, here I am, clean and sober, hopefully for good this time. I have tried and failed before. I was using crack and weed for most of my life, but New Hope taught me that it is never too late to recover. I am 46 years old and I began using at age 13.”
WE LOVE OUR DONORS

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The Protestant Congregation
Of Ocean Reef

New Hope Generator Funded by a Pool of Seven Donors!

There is power in numbers. New Hope is getting a new industrial strength emergency power generator financed by the following seven generous and supportive donors:

<table>
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<th>Donor Name</th>
<th>Amount</th>
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<td>Candace K. Suffin</td>
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<td>The Ocean Reef Community Foundation</td>
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<td>Patrick P. Lee Foundation</td>
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<td>Lowell Bryan &amp; Luisa Medrano</td>
<td>$5,000</td>
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<tr>
<td>Ken Spell</td>
<td>$1,000</td>
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<td><strong>TOTAL DONATIONS FOR GENERATOR</strong></td>
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The generator project total cost is $61,000 divided as follows: $54,000 for a Generac 60kW and $7,000 for cost of plans, installation, and permits.

Your contribution is needed

Make a donation

www.newhopecorp.org

Help Us Move Our Outpatient Program to Electronic Records!

New Hope is seeking to raise $15,000 to cover the cost of expanding our electronic records to include the management of outpatient program charts. For the last two years, the agency has managed the residential program charts electronically, which have significantly improved the efficacy and accuracy of service documentation. We now want to continue our digitization efforts and to include the outpatient program in the electronic record system.

New Hope is at the forefront of the Peer Services Movement

The Behavioral Health industry is moving toward increasing peer interventions (services provided by persons with similar diagnosis who have learned effective coping skills to manage the disease and who are further up in the path to recovery). Although the movement has some detractors, New Hope’s experience attests to its efficacy. During the past two years, six of New Hope’s employees have become Certified Peer Specialists. Their assistance have considerably improved outcomes for our clients. Clients feel more comfortable sharing their concerns with peers, which allows for personal growth, wellness promotion, and recovery from substance abuse and mental health disorders. Research has shown that peer support also reduces healthcare costs.
New Hope CORPS has a dedicated staff of Behavioral Health care professionals that are second to none. From left Ivan Castellanos, Alex Nunez, Maritza Carvajal, Mariaisabel Negron, Izayana Rojas, James Dougherty, Isabel Cabrera, Jeff Flowers, Jose Peralta, Isabel Mesa, Paul Bennett, Carmen Alvarez, Stephen Alvarez, Kenneth Hall, Veronica Corona, Arthur Ellison, Lani Ponce, Felipe Cordovi, Herbert Jackson, Amaris Hess, Daniel Alvarez, Adam Taveras and Dominick Luciano.

**SPECIAL THANKS TO SOME OF OUR MAIN SPONSORS**

- [Miamidade County](#)
- [South Florida Behavioral Health Network, Inc.](#)
- [beacon health options](#)
- [Patrick P. Lee Foundation](#)
- [Ocean Reef Community Foundation](#)

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Cindy & Bob Manzo

They donated us furniture that we sold for $6,000; plus, a $7,000 check

NewHope C. O. R. P. S.

1020 N. Krome Avenue, Homestead, FL 33030